

# Unit5 It's time to change

*Sweet Smile*

在夢裏見過你，你笑的甜甜蜜蜜，你的笑容這樣熟悉，夢裏笑的多甜蜜.....

## Topic: Dialogue A

連江職專 魏靜



# ***Lead-in***

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## **What activities are good for your health?**

do outdoor activities      have breakfast  
sleep early      climb mountains      .....

## **What activities are bad for your health?**

Stay at home all day      have no breakfast  
sleep too late      .....



# Lead-in

Choose the right adjectives to describe the pictures.

pale

weak

fat

thin

sleepy

angry



A. Jerry loves hamburgers.

He is very fat.



# Lead-in

pale

weak

fat

thin

sleepy

angry



B. Mrs. Smith has a bad cold.  
She is very weak.

# Lead-in

pale

weak

fat

thin

sleepy

angry



C. Jane has too much work to do every day.

She easily gets angry.

# Lead-in

pale

weak

fat

thin

sleepy

angry



D. Mr. Twain seldom goes out.

He is so pale!

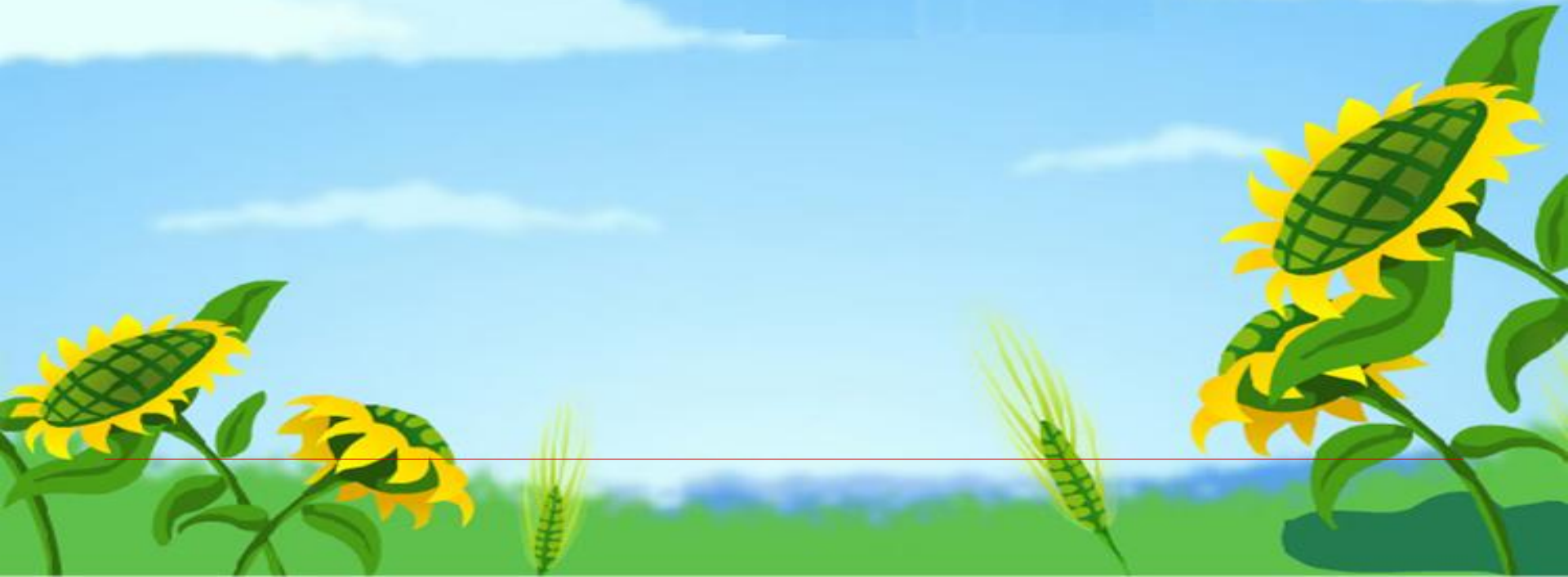


# *Lead-in*

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□ How can they keep fit ?

Can you give them some suggestions?



# ***Lead-in***

**Discuss and match.**

**Have a good rest and drink more water.**



**Eat more fruit and vegetables.**



**Do more outdoor activities.**



**Work less and relax.**





# Listening and speaking



Read aloud after the tape and underline .

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**Mary:** Hello, Jack. What do you want to do this weekend?

**Jack:** I'd like to go boating with my friends. What about you, Mary?

**Mary:** I'm not sure. Maybe I'll stay at home and read books.

**Jack:** Stay at home? That's too boring. Why don't you join us?

**Mary:** Well, I prefer staying at home.



# Listening and speaking



**Read aloud after the tape and underline.**

**Jack:** That's why you look so pale. I think you should do more outdoor activities. Let's go boating!

**Mary:** Oh, no, I'd rather stay at home. I love reading English novels.

**Jack:** Well, all right. See you then.

**Mary:** See you! Have a good time!



# *Listening and speaking*

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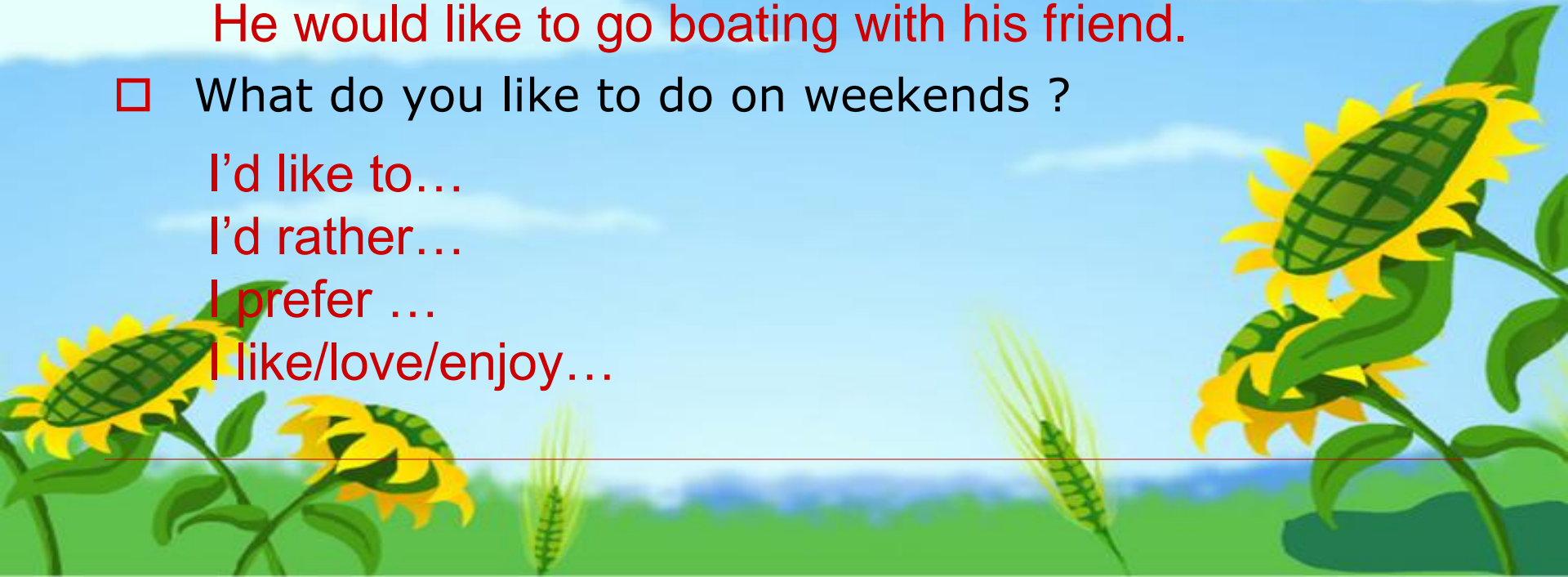
- What are the two persons in the dialogue?  
Mary and Jack.
- What does Mary like to do this weekend?  
She prefers staying at home and read books.
- What does Jack like to do this weekend?  
He would like to go boating with his friend.
- What do you like to do on weekends ?

I'd like to...

I'd rather...

I prefer ...

I like/love/enjoy...





# ***Role play***

**Talk about weekend activities in pairs.**

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**A: What do you like to do on weekends?**

**B: I enjoy / I like / I love**

dancing  
reading  
watching DVDs  
climbing mountains  
listening to music  
...

**What about you?**

**A: Well, I prefer to / I'd like to**

play basketball  
watch movies  
read novels  
go swimming  
go boating  
...



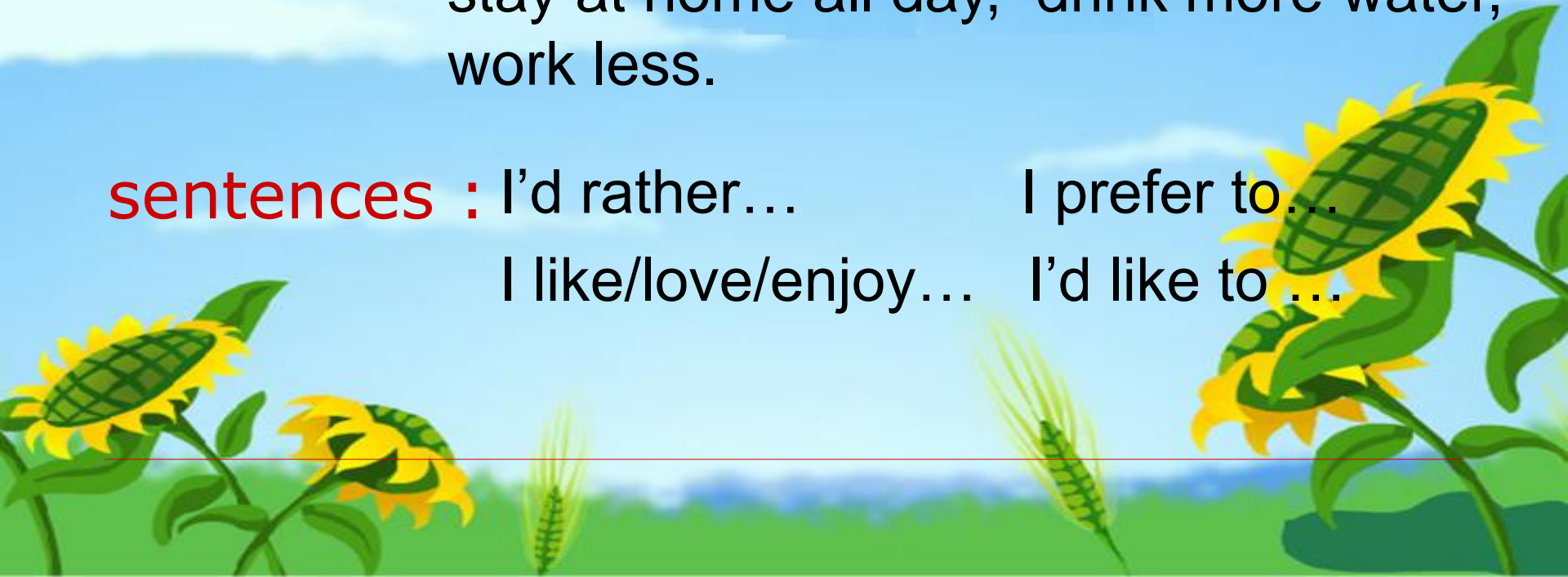
# *Conclusion*

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**words :** pale weak fat thin sleepy angry  
relax etc.

**phrases :** climb mountains, do outdoor activities,  
stay at home all day, drink more water,  
work less.

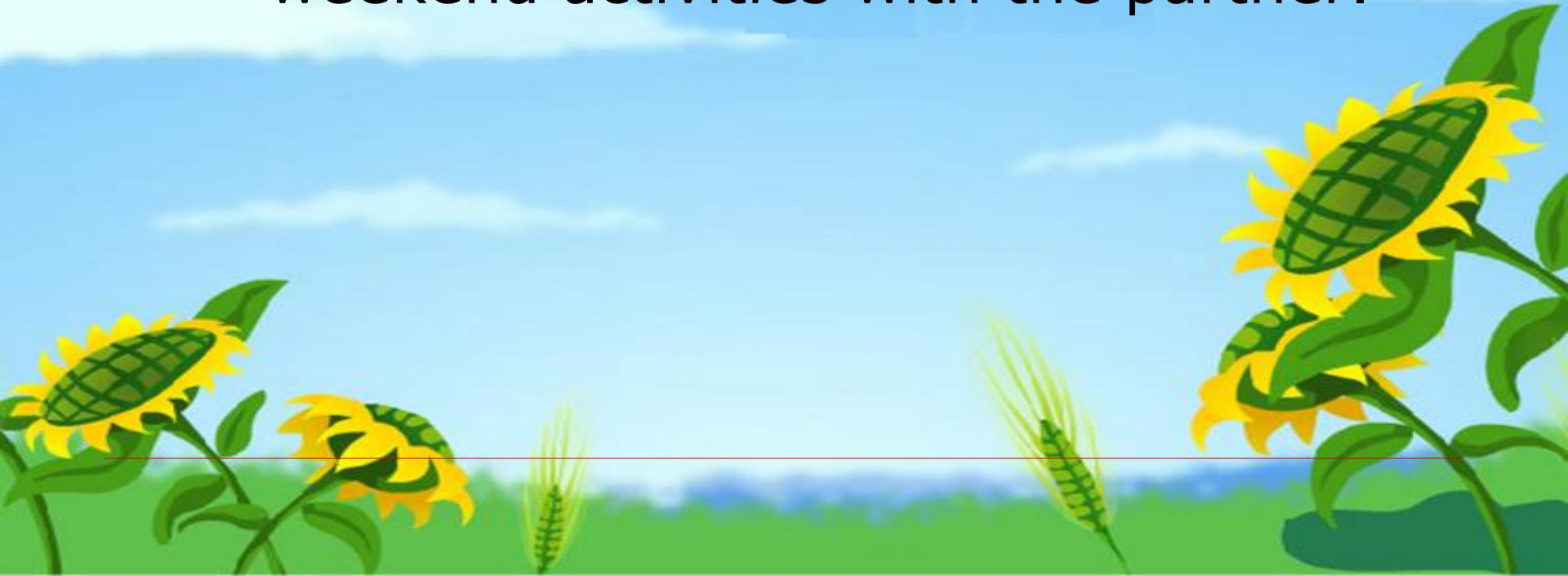
**sentences :** I'd rather... I prefer to...  
I like/love/enjoy... I'd like to ...



# *Homework*

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- Summarize the weekend activities phrases.
- Make up a new dialogue about your weekend activities with the partner.







**Bye-bye!**

